





# HEALTH QUESTIONNAIRE

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DATE: \_\_\_\_/\_\_\_\_/\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: (\_\_\_\_) \_\_\_\_\_

REASON FOR THIS VISIT:  ROUTINE  WORK INJURY  ILLNESS  OTHER \_\_\_\_\_

**HISTORY OF PAST ILLNESS:**

Have you had childhood:

Measles	No	Yes	Rheumatic fever or heart disease	No	Yes
Mumps	No	Yes	Tuberculosis	No	Yes
Chickenpox	No	Yes	Venereal disease	No	Yes
Diabetes	No	Yes	Congenital Abnormalities	No	Yes
Strokes	No	Yes	Other serious diseases	No	Yes
Cancer	No	Yes		No	Yes

Adult

Have you had any serious illness?	No	Yes
Have you ever been hospitalized or been under medical care for very long?	No	Yes
If "Yes", for what reason?	_____	

Operations

Have you had any surgery? Please list below	No	Yes
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Injuries

Have you had any broken bones?	No	Yes
Have you had any head concussions or injuries?	No	Yes
Have you ever been knocked unconscious?	No	Yes

FAMILY HISTORY	IF LIVING		IF DECEASED		HAS ANY BLOOD RELATIVES EVER HAD	
	Age	Health	Age (at death)	Cause		
Father					Cancer	No Yes
Mother					Tuberculosis	No Yes
Brother / Sister					Diabetes	No Yes
					Heart Trouble	No Yes
					High Blood Pressure	No Yes
Husband / Wife					Stroke	No Yes
Son / Daughter					Convulsions	No Yes
					Suicide	No Yes
					Insanity	No Yes
					Bleeding Tendency	No Yes
					Gout or other Arthritis	No Yes

**SOCIAL HISTORY:**

Circle One: Single Married Separated Divorced Widowed

Are you living with your spouse?	No	Yes
Is your sex life satisfactory?	No	Yes
Do you have more than one sexual partner?	No	Yes
Do you have dependants at home?	No	Yes

Alcoholic Beverages: Never: \_\_\_\_ Rarely: \_\_\_\_ Moderate: \_\_\_\_ Daily: \_\_\_\_ Ever? \_\_\_\_

Tobacco/Cigarettes: Packs a Day: \_\_\_\_ Don't Smoke: \_\_\_\_ Ever Smoke? \_\_\_\_

Use of Recreational Drugs: Never: \_\_\_\_ Rarely: \_\_\_\_ Moderate: \_\_\_\_ Daily: \_\_\_\_ Ever? \_\_\_\_

Are you employed? Full Time: \_\_\_\_ Part Time: \_\_\_\_

What is your job? \_\_\_\_\_

Are you exposed to fumes, dusts or solvents? \_\_\_\_\_

How much time have you lost from work because of your health during the past:

Six Months: \_\_\_\_\_

One Year: \_\_\_\_\_

Five Years: \_\_\_\_\_

**SYSTEMIC REVIEW: Do you have any of the following:**

General:

Recent weight change	No	Yes
Have you been in good health most of your life	No	Yes

Skin:

Skin Disease	No	Yes
Jaundice	No	Yes
Hives, eczema or rash	No	Yes
Frequent infection or boils	No	Yes
Abnormal pigmentation	No	Yes

Head-Eyes-Ears-Nose-Throat

Eye disease or injury	No	Yes
Do you wear glasses	No	Yes
Double vision	No	Yes
Headaches	No	Yes
Glaucoma	No	Yes
Itching eyes or nose	No	Yes

Head-Eyes-Ears-etc. (cont'd):

Sneezing/runny nose	No	Yes
Nosebleeds	No	Yes
Chronic sinus trouble	No	Yes
Ear disease	No	Yes
Impaired hearing	No	Yes
Dizziness or episodes of unconsciousness	No	Yes

Neck:

Stiffness	No	Yes
Thyroid trouble	No	Yes
Enlarged glands	No	Yes

Respiratory:

URI (Cold) now	No	Yes
Spitting up blood	No	Yes
Chronic or frequent cough	No	Yes

SYSTEMIC REVIEW: (continued)

Respiratory: (continued) :

Asthma No Yes  
 Difficulty breathing No Yes  
 Any trouble with lungs No Yes  
 Pleurisy or Pneumonia No Yes

Cardio vascular:

Chest pain or angina pectoris No Yes  
 Shortness of breath walking or lying down No Yes  
 Difficulty walking two blocks No Yes  
 Heart trouble or heart attacks No Yes  
 High blood pressure No Yes  
 Swelling of hands, feet or ankles No Yes  
 Awakening in the night smothering No Yes  
 Heart murmur No Yes

Gastrointestinal:

Peptic ulcer (stomach or duodenal) No Yes  
 Vomiting blood or food No Yes  
 Gallbladder disease No Yes  
 Liver trouble No Yes  
 Hepatitis No Yes  
 Painful bowel movements No Yes  
 Bleeding with bowel movements No Yes  
 Black stools No Yes  
 Hemorrhoids or piles No Yes  
 Recent change in bowel habits No Yes  
 Frequent diarrhea No Yes  
 Heartburn or indigestion No Yes  
 Does food stick in throat No Yes

Genitourinary:

Loss of urine No Yes  
 Frequent urination No Yes  
 Night time urinating No Yes  
 Burning or painful urination No Yes  
 Blood in urine No Yes  
 Kidney trouble No Yes  
 Kidney stones No Yes  
 Brights disease No Yes

Gynecological:

Age periods started \_\_\_\_\_  
 How long do periods last \_\_\_\_\_ Days

Gynecological (continued):

Number of pregnancies \_\_\_\_\_  
 Nosebleeds \_\_\_\_\_  
 Date of last cancer smear & results \_\_\_\_\_

Frequency of periods \_\_\_\_\_ Days  
 Any pain with periods No Yes  
 Date of first day of last period \_\_\_\_\_  
 Number of children & ages \_\_\_\_\_

Locomotor-Musculoskeletal :

Varicose veins No Yes  
 Muscle or joint weakness No Yes  
 Difficulty walking No Yes  
 Pain in calves or buttocks while walking (relieved by rest) No Yes

Neuro-Psychiatric

Have you had psychiatric care No Yes  
 Been advised to see a psychiatrist No Yes  
 Have or had fainting spells No Yes  
 Convulsions No Yes  
 Paralysis No Yes

Hematological

Are you slow to heal after cuts No Yes  
 Blood disease No Yes  
 Anemia No Yes  
 Phlebitis No Yes  
 Have you had difficulty with bleeding excessively after tooth extraction or surgery No Yes

Allergic:

Any allergies including medication No Yes  
 Endocrine No Yes  
 Thyroid disease No Yes  
 Hormone therapy No Yes  
 Any change in hat or glove size No Yes  
 Any change in hair growth No Yes  
 Have you become colder than before or skin become dryer No Yes

HEIGHT \_\_\_\_\_

WEIGHT \_\_\_\_\_

ALLERGIES & SENSITIVITIES

1. Date of last tetanus: \_\_\_\_\_

2. Is there a history of skin reaction or other reaction/sickness following injection or oral administration of:

Circle One

Please list your present medications

Penicillin or other antibiotics No Yes Don't Know  
 Morphine, Codeine, Demerol, other narcotics No Yes Don't Know  
 Novocain or other anesthetics No Yes Don't Know  
 Aspirin, empirin or other pain remedies No Yes Don't Know  
 Sulfa drugs No Yes Don't Know  
 Tetanus antitoxin or other serums No Yes Don't Know  
 Adhesive tape No Yes Don't Know  
 Iodine or merthiolate No Yes Don't Know  
 Any foods, such as egg, milk or chocolate No Yes Don't Know

3. Drugs taken within the past six months:

Aspirin No Yes Don't Know  
 Cortisone No Yes Don't Know  
 ACTH No Yes Don't Know  
 Anticoagulants No Yes Don't Know  
 Tranquilizers No Yes Don't Know  
 Hypotensives No Yes Don't Know

4. Has the patient received treatment for:

Asthma, rheumatism or rheumatic fever No Yes Don't Know

Source of information, if other than patient: \_\_\_\_\_

Signature of person acquiring this information: \_\_\_\_\_

Doctor \_\_\_\_\_

Date \_\_\_\_\_

Signature of patient \_\_\_\_\_

**CONSENT FOR PURPOSES OF TREATMENT,  
PAYMENT & HEALTHCARE OPERATIONS**

Patient's Name \_\_\_\_\_  
(Please Print)

VISTA Medical Group Provider \_\_\_\_\_

In connection with the medical services that I am receiving from the above-named physician or physician group, I hereby authorize the above-named physician and/or group to disclose any/or all Protected Health Information (PHI) concerning my medical condition and treatment, including copies of applicable hospital and medical records to:

- A. Any third party payor covering the medical services of the patient
- B. Other health care professionals and institutions involved in the delivery of health care to the patient
- C. The proponent of any legally sufficient subpoena, or in response to a court order
- D. Employees and agents of the practice, to the degree necessary to facilitate the provision of health care services and payment for such services
- E. Pharmacies
- F. Other parties as otherwise required by law

In each case, the practice shall take reasonable steps to ensure that only the minimum necessary information is disclosed in accordance with the above. I further understand that I have been given access to physician's privacy notice and that I have had the opportunity to place special restrictions upon the consent hereby given.

**Special Restrictions:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

This consent is valid from the date executed for Six (6) years or until revoked in writing by the patient.

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date



**CORONA** 2071 Compton Avenue, Suite 102 Corona, CA 92881 (951) 549-0900 Fax (951) 278-8552  
 **CHINO** 12488 Central Avenue, Suite B Chino, CA 91710 (909) 613-0100 Fax (909) 613-0600

## ACKNOWLEDGEMENT / RECONOCIMIENTO

<b>Patient's Name / Nombre del Paciente</b>	_____/_____/_____ <b>Date of Birth / Fecha de Nacimiento</b>
<b>Address / Dirección</b>	(____)____-_____ <b>Phone / Teléfono</b>
<b>City/State/Zip – Ciudad/Estado/Código Postal</b>	<b>Email / Correo Electronico</b>
<b>Physician / Medico</b>	(____)____-_____ <b>Phone / Teléfono</b>
<b>Address / Dirección</b>	<b>Email / Correo Electronico</b>
<b>City/State/Zip – Ciudad/Estado/Código Postal</b>	

### Advanced Directives / Los Directivos Avanzados

**This acknowledges that the physician, or one of his/her staff members, has provided me information concerning Advanced Directives. / Este document es un reconocimiento que el medico o los miembros de su oficina me han dado información sobre los directivos avanzados.**

- 1) **I am age 18 years or older.**  Yes  No / *Tengo 18 años o mas.*  Si  No
  
- 2) **I realize that I have the option of putting together Advanced Directives for my healthcare. My physician has provided me written information concerning these Advanced Directives. I understand that it is my responsibility to provide my doctor(s) with any documents that are required to carry out my Advanced Directives. / Entiendo que tengo la opción de formar mis propios directivos avanzados sobre mi tratamiento medico. Mi medico me ha dado información sobre estos directivos avanzados. Entiendo que es mi responsabilidad de presentar a mi medico, cualquier document necesario para llevar a cabo mis directivos avanzados.**
  
- 3) **I am aware that Advanced Directives may be any one of the following:**  
*Entiendo que un directive avanzado puede ser cualquierra de los documentos que siguen:*
  - a. **A Durable Power of Attorney for Health Care. / Poder Notarial Duradero Para la atención de la Salud.**
  - b. **The Declaration in the A Natural Death Act – Ex. A Living Will. / La Declaración en la Ley de la Murete natural, por ejemplo, Testamento en Vida.**
  - c. **I may write down my wishes on a piece of paper so that my family may use the document in deciding my medical treatment in the event I am unable to do so. / Puedo escribir mis deseos en un papel para que mi familia use este document en tomar decisions necesarias sobre mi tratamiento medico, en el evento que no puedo hacerlo yo mismo.**

**This document will become part of my medical record. / Este document se pone un parte del exediente medico.**

**Patient's Signature/Firma del Paciente:** \_\_\_\_\_

**Date/Fecha:** \_\_\_\_/\_\_\_\_/\_\_\_\_